



RAINCITY PLAYING TIME POLICY

Philosophy

The Raincity Volleyball Club was established in 2010 and we are now in our 16th season of competition of play and development for our athletes. The Fraser Valley club is a non-profit, volunteer run club that is providing an opportunity for young female athletes to participate in volleyball for both the love of the game and the pursuit of excellence in the sport. The Raincity Volleyball Club provides an opportunity for the youth in the Cloverdale and surrounding Fraser Valley regions to pursue excellence in volleyball, through enjoyment and fun in the sport. The coaches believe that through the emphasis of both individual and team development we will provide for the young athletes a learning environment that will build not only a strong athlete and club team, but also contribute to the development of good citizens in our communities. The club and coaching staff will determine the abilities and level of play for each team. During Volleyball BC, Volleyball Canada, Provincial and National events, we will compete to place as high as possible.

Playtime Guidelines

Below are the guidelines coaches use to facilitate the distribution of playing time. Coaching staffs have final decision making in all playing time situations. These are guidelines, as number of other factors may also contribute to playing time decisions:

- Practices + Competitions – Athletes are expected to be committed to attending all practices and competitions. Athletes must demonstrate a strong work ethic, growth mindset, positive attitude, team cohesion, and coachability.
- Game Play – Athletes must have the ability to perform all necessary skills at their development level and demonstrate cohesion with the team. There may be moments when a team is facing an opponent either above or below their ability level.

11U - 14U

- Playing time will follow the Fair Play Rule developed by Volleyball Canada and Volleyball BC for the entire club season. [Please see the Volleyball BC Fair Play rationale.](#)

15U - 18U

- Playing time will look to follow the Fair Play Rule developed by Volleyball Canada and Volleyball BC during exhibition matches, and the round robin of non provincial ranking and seeding events. [Please see the Volleyball BC Fair Play rationale.](#) However, playing time during the playoffs at these events will be at the discretion of the coaching staff, and may not be fair nor equal. There are also situations where coaches will be exploring lineups, rotations etc. Fair Play is a guideline, not a rule. Coaches have final discretion regarding playing time choices.
- Playing time will be at the coaches discretion during all Volleyball BC Events, Provincials Ranking Tournaments, Provincial Championships and National Championships.